Reflecting on our Practice: Ten Ways Schools Can Foster Belonging Among Students With and Without Disabilities

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Ten Dimensions of Belonging

- Exclusion
- Segregation
- Integration
- Inclusion
- Belonging
- Loved
- Present
- Invited
- Welcomed
- Known
- Accepted
- Supported
- Heard
- Befriended
Reflecting on Belonging

<table>
<thead>
<tr>
<th>Are students with disabilities...</th>
<th>Present</th>
<th>Invited</th>
<th>Welcomed</th>
<th>Known</th>
<th>Accepted</th>
<th>Supported</th>
<th>Heard</th>
<th>Befriended</th>
</tr>
</thead>
</table>

**Present**
Are students involved in all of the same places, programs, and activities as their peers at your school?

**Invited**
Is their presence and participation actively sought out and encouraged by others at your school?

**Welcomed**
Are students received by others at the school with warmth, friendliness, and authentic delight?

**Known**
Are students treated as unique individuals, recognized for their strengths, and appreciated for who they are?

**Accepted**
Are students embraced without condition and viewed as equals by their peers?

**Supported**
Are they receiving the assistance they need to participate fully and meaningfully in all aspects of the life of their school?

**Heard**
Are the perspectives of students sought out, listened to, and respected by others?

**Befriended**
Are students developing relationships with their peers that are marked by reciprocity and mutual enjoyment?
<table>
<thead>
<tr>
<th>Are students with disabilities...</th>
<th>What are we doing really well right now?</th>
<th>What could we be doing better or differently?</th>
<th>What should we be doing next as a school to spur change?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Needed</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Are students valued by others and considered to be indispensable members of the school community?</td>
<td></td>
<td></td>
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<tr>
<td><strong>Loved</strong></td>
<td></td>
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<td></td>
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<tr>
<td>Are students experiencing the deep and gracious love of others?</td>
<td></td>
<td></td>
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</tbody>
</table>

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